

Miyoshi-machi Disaster Prevention Guide Map

Let's protect our community together by making various preparations for disaster such as typhoon or big earthquake on a daily basis.

Possible Large Earthquake

Large earthquake being concerned in Miyoshi-machi is Tokyo Bay North Area Earthquake and it is expected that most areas will experience seismic intensity level 5-upper, while some area will experience seismic intensity level 6 lower.

[SI level 5-upper]

- Many people find it difficult to walk without holding something stable.
- Dishes in cupboard and items on bookshelves are more likely to fall
- Unsecured furniture may topple over
- Unsecured concrete-block walls may collapse



[SI level 6 lower]

- It is difficult to remain standing.
- Many unsecured furniture moves and may topple over. Doors may become wedged shut.
- Wall tiles and widows may sustain damage and fall.
- In wooden houses with low earthquake resistance, tiles may fall and buildings may lean or collapse.



Referred to leaflet of Japan Metrological Agency: <http://www.jma.go.jp/jma/en/Activities/intsummary.pdf>

Disaster Preparedness

Let's improve the ability to minimize the disaster damage by cooperation of self-help and mutual assistance.

Self-help : deciding the role of each member in the family, checking for the route to the evacuation area and for the safety of family members. Every resident is advised to enroll in the neighborhood association (called *Gyosei-ku*) and residents' association (called *Jichikai*)

Mutual assistance : protect 'our community ourselves' through the mutual cooperation of local people, by participating in a variety of activities such as firefighting, rescue, evacuating, and other disaster drills of regional disaster preparedness organization

Preparation at home

Conduct a safety check of rooms.

- Secure furniture and home appliance that could fall over or move around. Apply shatter-prevention films to glass panel.
- Prepare fire extinguishers, earthquake-detecting circuit breaker, etc.

Stockpile food and drinking water at home for natural disasters

- Prepare an everyday stockpile: food, drinking water and essential every items for three days at least, or one week if available.
- Prepare portable emergency supplies as follows. Check for these items

Foods	Drinking water, Biscuits, corned foods, boil-in-the bag foods, etc.	Daily necessities	Work gloves, tissue papers, candles, matches, lighter, ropes, flashlight, portable radio, sanitary goods, toothbrush, etc.
Valuables	Cash(coins), bankbook, seals, miscellaneous important documents.		Convenient to use.
Clothing	Clothings, towel, blanket, sleeping bag, underwears, jacket, etc..	Convenient to carry	Whistle, disposal heating pad, copy of health insurance certificate
Safety equipment	Helmet, disaster hood, masks, first-aid-kit, and shoes.		

Evacuation facilities

- Designated evacuation centers: municipal elementary schools and junior high schools.
- Designated emergency evacuation areas: grounds of those schools
- Temporary evacuation area: *Shukaijho* (neighborhood meeting place) is a place where neighborhood evacuees gather to check and confirm each other before evacuating to designated evacuation centers.
- Create and check an evacuation route map: Check where your temporary evacuation area and evacuation center are located and actually walk to the evacuation area or center.

Response during a disaster

Action when an earthquake occurs

- ① Your first priority is to insure your own safety.
Hide in a space such as under table or study desk. Cover and protect your head with a pillow or cushion.
- ② Secure an exit
Open window and door to secure an exit.
- ③ Do not rush outside.

Action immediately after an earthquake

- ① Put off any fire
Put off any open fire immediately. Then turn off the gas.
If fire starts again, try to extinguish it immediately. If you fail to extinguish fire, please ask anyone to inform fire department.
- ② Make sure your family members at home are safe
- ③ Make sure your neighbors are safe or work together for rescue and first aid if any required.
- ④ If your home is damaged and you can't live in your home, prepare for evacuation. If not, stay in your home

Evacuation

(Stay at your home, if there is no damage to your house)

Before evacuation

- Turn off the main electric circuit breaker
- Turn off the gas
- Get your portable emergency supplies and belongings
- Lock the doors of your house

Guideline required to evacuation:

- When evacuation directive or order is given from municipal office
- For family living together with person with special assistance
- When your home is damaged or danger to collapse and you cannot live in your house
- When electricity, city gas, water supply failed
- Fire or when you feel like you are in danger,

Caution to evacuation

- Do not rush outside
- Protect your head with disaster hood
- Dress in easy-to-move outfit
- Stay away from narrow road and gateposts.
- Be careful for landslides from mountain and cliff
- Get accurate information and be careful for aftershocks.
- Evacuate by foot with minimal baggage.

Advise you to register 'Miyoshi-machi evacuation support plan for persons requiring special assistance during a disaster'.

Ensuring safety or working for rescue for those who have registered when a disaster occurs.

Measure for Stranded People

- Refrain from heading home all at once : When a large-scale earthquake occurs, remain at your office, travel destination, or other safe location and avoid moving about unnecessarily.
- As measure for stranded people those who are working in our town, Miyoshi-machi opens temporary stay facilities and provides information, resting room, toilet, and drinking water.
- Temporary stay facility for *Tsuruse* station: *Fujikubo-kouminkan*, for *Mizuhodai* station: *Chikumazawa-kouminnkan*.

Information for uses in Emergencies

Disaster Emergency Message Dial 「171」 ●leave or listen to voice message. Follow the voice menu instruction.

Operating Procedure		To record message		To playback message	
①	Dial 1 7 1	1 7 1			
②	Select record or playback	No PIN number	With PIN number	No PIN number	With PIN number
		1	3	2	4
		4-digit PIN nos.			
③	Enter TEL No. of the disaster-stricken area	0 x x x x x x x			
④	To record message	1		1	
	To playback message	1		1	

Disaster Message Boards

- When a large earthquake SI level 6-lower occurred and caused big damages, you can enter or check safety confirmation from mobile phone or smartphone with free of charge.
- For details of the entry procedure, areas where message can be entered, numbers of entered messages, storage periods, communications charges, and other information, see the information page for each company's disaster message board.

NTT docomo	https://www.nttdocomo.co.jp/info/disaster/disaster_board/index.html
KDDI (au)	http://www.au.kddi.com/mobile/anti-disaster/saigai-dengon/sp-usage/
Softbank	http://dengon.softbank.ne.jp/pc-s1.jsp
Y!mobile	http://www.ymobile.jp/service/dengon/