

Health Check-up Program for 2017

(Special edition for foreign residents)

1・2 Cancer check-up • other medical examination

3 Health promotion for Adult

4 Medical care and Nursing services for infant

5 Childcare Class • Childbirth Education Class

6 Vaccination for infant and school age children

7 Medical institutions in Miyoshi-machi • holiday clinic

保存版

Miyoshi-machi Hoken Center

185-1, Fujikubo1, Miyoshi-machi

*As parking lot is not big enough to park all of your cars,
please come on foot or by bicycle.



TEL : 258-1236 FAX : 258-5994

E-mail hoken@town.saitama-miyoshi.lg.jp

1 Cancer check-up program

Advise you to have cancer check-up for yourself and your family. If you have no opportunity to have cancer check-up at your workplace, you will be able to apply to have town's cancer check-up. Please check target age of each cancer check-up and have corresponding one.

| Program | Target age: blue for men, red for women, green for both sexes | | | | | | | | | | | | Target Ages | Frequency | Checkup Date or Term | Examination method | Checkup place | Own expenses | Application | Notice |
|--|---|----|----|----|----|----|----|----|----|----|----------|--|--|-------------------|--------------------------|--|---|------------------------|---------------------------------|---|
| | 20 | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 | 71 | 75and up | | | | | | | | | |
| Colon cancer check-up | | | | | → | | | | | | | | 40 years and up | once in a year | June 1st ~ Nov. 30th | Fecal Occult Blood test (for different two days' samples) | Designated institution of two cities and one town | ¥500 | Designated medical institution. | Advised to take check-up by November 30th. |
| Lung cancer check-up | | | | | → | | | | | | | | | | | Chest X-ray examination | | (¥500 for sputum exam) | | |
| Cervical cancer check-up | ← | | | | | | | | | | | | 20 years and up | | | Anthroposcopy, internal exam. and pick up cell of cervix | | ¥1,000 | | |
| Stomach cancer check-up | | | | | → | | | | | | | | 40 years and up | once in a year | Refer to table of page 2 | X-ray examination by barium | Hoken center | ¥500 | Hoken center | Please refer to the following table or [Koho Miyoshi] for how to apply. |
| Stomach risk cancer check-up(ABCD test) | | | | | 41 | 46 | 51 | 56 | 61 | 66 | year old | every five years older, based 40 years old as of April 1st of 2017 | June 1st. ~ Nov.30th | | | Blood test (Plasma pepsinogens, antibodies against Helicobacter pylori) | Designated institution of two cities and one town | | Disig.med. inst. | Advised to take check-up by November 30th. |
| Breast cancer check-up | | | | | ← | | | | | | | | 30 years and up ① born in even month ② born in odd month and didn't take last year ③ eligible for free coupon | once in two years | Refer to table of page 2 | Ocular inspection. Palpation & mammography | Hoken center | ¥2,000 | Hoken center | Please refer to table of page 2 or [Koho Miyoshi] for how to apply. |
| Prostate gland cancer examination | | | | | | | | | | | | | 50 years and up | | | Interview and blood test (PSAValue) | | ¥500 | | |
| Health check-up for child rearing mother | ← | | | | | | | | | | | | child rearing mother up to 39 years | once in a year | | Please choose one of the following ① Health checkup (such as blood test, etc.) ② ① and cervical cancer checkup | Fujikubokuminkan for ① Hoken center for ② | ① ¥500 ② ¥1,500 | | |
| Hepatitis virus check-up | | | | | → | | | | | | | | ① those who become 40 years old ② 41 years and up, didn't take in the past | | June 1st. ~ Nov.30th | Blood test | Designated institution of two cities and one town | free | Disig.med. inst. | Advised to take check-up by November 30th. |

Inquiry : Miyoshi-machi Hoken Center Tel.258-1236 Fax258-5994 Email hoken@town.saitama-miyoshi.lg.jp

Instruction for cancer check-up at medical institution

Check-up for Lung cancer • Colon cancer • Cervical cancer • Stomach risk cancer • Hepatitis

1. How to get check-up : go to one of designated medical institutions of two cities and one town and tell to get public health or medical check-up.

2. Advise you to bring your identification card of Miyoshi-machi citizen.

*The designated medical institutions of two cities and one town will be nominated late in May and made public in town's homepage or poster display at medical institutions.

*You are no longer eligible to get public health /medical checkup after you move-out from Miyoshi-machi.

*Public health checkup is available once in a year.

○ Breast cancer check-up for less than 40 years old

The ministry of Health, Labor and Welfare have been recommended to municipalities in charge of screening that the target age of breast cancer for women is 40 years old or over every two years and checkup method is both mammography, ocular inspection and palpation.

However incidence rate even in thirties has been increasing still now, the target age still remains unchanged 30 years old or over in Miyoshi-machi.

Since implementation of screening in the ministry and the academic community has been studied now and if any change in guideline is not expected, we will change to target age to 40 years old and over from 2018 .

○ Cervical cancer checkup

The frequency of cervical cancer screening is scheduled to be changed once every two years from next year (2018) according to "Guidelines for cancer prevention priority health education and screening". Target ages will not change.

Targets of next year are women who are

- ① born in odd month
- ② born in even month and didn't take previous year
- ③ eligible for free coupon

Those who are born in even month are advised to take cervical checkup this year.

■ Breast · Stomach · Prostate Gland Cancer Check-up

| Classification | Check-up dates | Time | Charge | Application term |
|---|---------------------|--|--------|---|
| Stomach cancer check-up X-ray examination by barium 90 persons /day for 6 days (Target ages) Men and women of 40 years old and over | (the first term) | 8:30:00 | ¥500 | (the first term) April 1st.~April 30th |
| | June 19th. (Mon.) | 9:00/9:30 | | |
| | June 20th. (Tues.) | 10:00/10:30 | | |
| | June 21st. (Wed.) | 11:00:00 | | |
| | (the second term) | | | |
| | Oct. 23rd. (Mon.) | The same time table for each day | | (the second term) Sept.1st~Sept.30th |
| | Oct.24th. (Tues.) | | | |
| | Oct. 25th. (Wed.) | | | |
| Breast cancer check-up Ocular inspection palpation Mammograph 90 persons/day for 8 days (Target ages) ① 30 years old or over born in odd month ② those who didn't take check-up in previous year and born in even month ③ eligible person for free coupon | (the first term) | 9:00/9:30 | ¥2,000 | (the first term) May1st.~May 31st |
| | July 3rd. (Mon.) | 10:00/10:30 | | |
| | July 4th. (Tues.) | 11:00/11:30 | | |
| | July 5th. (Wed.) | | | |
| | (the second term) | 13:00/13:30 | | |
| | Sept.21st. (Thurs.) | 14:00/14:30 | | |
| | Sept.22nd. (Fri.) | 15:00/15:30 | | |
| | Sept.23rd. (Sat.) | | | |
| | (the third term) | The same time table for each day | | |
| | Nov.19th. (Sun.) | | | |
| Nov.20th. (Mon.) | | | | |
| Prostate Gland cancer Examination Interview and blood test (PSA Value) 100 persons /day for two days (Target ages) 50 years and up, men | Aug. 9th. (Wed.) | 9:00/9:30 | ¥500 | June 1st.~June 30th |
| | | 10:00/10:30 | | |
| | Aug.21st. (Mon.) | 11:00 The same time table for each day | | |

Application Postal card, Fax, E-mail or in person at the window of Hoken Center (refer to Page 1)

Check-up at Hoken Center

Stomach cancer · Breast cancer ·
Prostate gland cancer Examination · Health-
checkup for child rearing mother

How to
make an
appointme

- Making an appointment in advance at Hoken Center is required. Appointment term is written in page 2. Appointment of date is only available.
- How to make an appointment is as follows.
 - Postal card, Fax, E-mail or in persn at the window of Hoken Center is available.
 - Fill in the required items as shown in next column for Postal card, Fax or Email

Required Items for applicant

- Application name of checkup
 - Adress
 - Full name
 - Date of birth
 - Sex
 - Tel No. (Daytime contact Tel.No.)
 - Preferred date
- *Write first and second dates for stomach and breast cancer checkup
- *Write one date for prostate gland cancer checkup
- Remarks: write 'No preferred date', if

■ Health Check-up for Child Rearing Mother

Place : Fujikubo kouminkan for medical examination

Hoken center for cervical cancer checkup

Application Period : July 1st ~July 31st

Time : 9 : 00 9 : 30 10 : 00 10 : 30 11 : 00 for each day

Others : ① Nursery service is available. Please make a reservation with nos. of babies and their ages at application time.

- ② Based on the result of medical examination, those who need specific health guidance are informed on medical consultation schedule individually from Hoken center

| Course | Date | Examination method | Quota | Fee |
|---|---|--|------------------|--------|
| Single Course (Medical examination) | | Medical examination (Apply such a blood test as one in specific medical check-up) | 35 (each day) | ¥500 |
| Double Course (Medical check-up · Cervical cancer checkup (group)) | Sept.13th. (Wed.) Oct. 5th. (Thurs.) | Medical examination (Apply such a blood test as one in specific medical check-up) Cervical cancer check-up (Anthroposcopy, internal exam. and pick up cell of cervix) | 35 (each day) | ¥1,500 |

Application Postal card, Fax, E-mail or in person at the window of Hoken Center (refer to Page 1) Please note your preferred time, if you hope.

Notes on application

- Postcard is valid until postmarked on deadline date. Application by Fax or E-mail is on deadline date. Please keep strict deadline.
- Since we will confirm the number of receptionists, we will not able to accept more than one application per one time
- In case of too many applications, we will hold a draw for the date. An appointment is not on a first come, first served basis
- Representative application except family member is not acceptable except special case.
- You are no longer eligible to get public checkup after you move-out from Miyoshi-machi.
- Public health checkup is available once in a year.
- Checkcard will be sent to applicant after holding a draw. It takes for one to two weeks. If you do not receive checkup card, please contact Hoken center.

3 Health promotion program for adults

Health consultation for adult (Appointment system)

Date April 19th (Wed.) May 17th (Wed.) June 14th (Wed.) July 19th (Wed.)
Aug. 23rd (Wed.) Sept.20th (Wed.) Oct. 18th (Wed.) Nov.15th (Wed.)
Dec.13th (Wed.) Jan. 17th (Wed.) Feb.14th (Wed.) Mar.14th (Wed.)

Details Individual Consultation is available by public health nurse and registered dietitian.

Others Please bring check-up report issued by medical institution

Vaccination

Pneumococcal vaccination for the aged

Target Those who have no vaccination with 23-valent pneumococcal polysaccharide vaccine in the past, if any optional and, meet ① or ② below.

① Target ages of 2016

| Those who will be the following years of age | Date of birth |
|--|---|
| 65 years old | Born in April 2nd, 1952 ~ April 1st, 1953 |
| 70 years old | Born in April 2nd, 1947 ~ April 1st, 1948 |
| 75 years old | Born in April 2nd, 1942 ~ April 1st, 1943 |
| 80 years old | Born in April 2nd, 1937 ~ April 1st, 1938 |
| 85 years old | Born in April 2nd, 1932 ~ April 1st, 1933 |
| 90 years old | Born in April 2nd, 1927 ~ April 1st, 1928 |
| 95 years old | Born in April 2nd, 1922 ~ April 1st, 1923 |
| 100 years old | Born in April 2nd, 1917 ~ April 1st, 1918 |

② Those who are between 60 and 65 years old, with some physical handicap, and want to vaccinate.

Place Designated medical institutions of two cities and one town (Fujimi-shi, Fujimino-shi and Miyoshi-machi)

Check-up Term April 1st, 2017 to March 31st 2018

No. of Times once **Applicant's own expense** ¥3,000

Remarks : If you want to get a vaccination at outside medical institution, please come to Hoken Center to receive checkup card.

Seasonal influenza vaccination for the aged

Target ① Those who are over 65 years old at the vaccination date and want to do
② Those who are between 60 and 65 years old, with some physical handicap and want to vaccinate.

Check-up Term Oct.20th to Dec. 25th, 2017

Own Expense Pending (Refer to 'Koho Miyoshi')

Remarks : If you want to get a vaccination at outside medical institution, please come to Hoken Center. Medical questionnaire will be issued from October 14th.

Medical Education • Checkup

* For more details of program, please refer to 'Koho Miyoshi'

Periodontal disease prevention checkup

Checkup term July 1st ~ Dec.25th, 2017

Place Members' office of Miyoshi Dentists' Association

Target Those who are 20 years or older (excluding ① and ② below.)

① Those who are under dental treatment ② person of full dentures

Quota 130 people **Charge** Free

Details Dental checkup, periodontal disease checkup and tooth brushing instructions (if you want)

Application Period

First term: June 1st ~ June 30th. (If nos. of applicants do not meet quota in first term, accept on a first-come-first-served basis until reaching quota.)

Second term July 1st ~ Dec.25th.

How to have a checkup

① Application by postal card, Fax, E-mail or in person at the window of Hoken center

* Application during June 1st ~ June 30th

② Later, checkup card will be sent to each applicant for first term.

③ Visit dentist with checkup card

* Application during July 1st ~ Dec.25th.

② For application by postal card, Fax, or E-mail, checkup card will be sent to each applicant later. For application in person at the window of Hoken center, checkup card will be issued to applicant

③ Visit dentist with checkup card

Remarks

- Fill in the required items for postal card, Fax, E-mail as follows
1. Name of checkup, 2. Address, 3. Full name, 4. Date of birth, 5. Sex, 6. Tel
- Advise you to take checkup within a month after receiving checkup card
- You are no longer eligible to get public checkup after you move-out from Miyoshi-machi.
- Public health checkup is available once in a year

* As to other lectures on 'Health Promotion Program for Adults', please refer to 'Koho Miyoshi'

4 Babies and toddlers Medical check-ups

Medical check-ups schedule

| Target Ages | Checkups for 4 month-old (3 to 4 month-old child) | | Checkups for 10 month-old (9 to 10 month-old child) | | Checkups for 18 month-old (one year 6 to 7 month-old child) | | Dental Checkups for 2 year-old (2 year 6 to 7 month-old child) | | Checkups for 3 year-old (3 year 6 to 7 month-old child) | |
|-------------|--|---------------|--|---------------|--|---------------|---|---------------|--|---------------|
| | Checkup date | Date of birth | Checkup date | Date of birth | Checkup date | Date of birth | Checkup date | Date of birth | Checkup date | Date of birth |
| April | 7th(Fri.) | Dec., 2016 | 21st(Fri.) | June, 2016 | 14th(Fri.) | Sept., 2015 | 11th(Tues.) | Sept., 2014 | 19th(Tues.) | Sept., 2013 |
| May | 19th(Fri.) | Jan., 2017 | 26th(Fri.) | July, 2016 | 12th(Fri.) | Oct., 2015 | 9th(Tues.) | Oct., 2014 | 17th(Tues.) | Oct., 2013 |
| June | 2nd(Fri.) | Feb., 2017 | 16th(Fri.) | Aug., 2016 | 9th(Fri.) | Nov., 2015 | 6th(Tues.) | Nov., 2014 | 14th(Tues.) | Nov., 2013 |
| July | 7th(Fri.) | March, 2017 | 21st(Fri.) | Sept., 2016 | 14th(Fri.) | Dec., 2015 | 11th(Tues.) | Dec., 2014 | 12th(Tues.) | Dec., 2013 |
| August | 18th(Fri.) | April, 2017 | 25th(Fri.) | Oct., 2016 | 4th(Fri.) | Jan., 2016 | 8th(Tues.) | Jan., 2015 | 23rd(Tues.) | Jan., 2014 |
| September | 1st(Fri.) | May, 2017 | 15th(Fri.) | Nov., 2016 | 8th(Fri.) | Feb., 2016 | 5th(Tues.) | Feb., 2015 | 13th(Tues.) | Feb., 2014 |
| October | 6th(Fri.) | June, 2017 | 20th(Fri.) | Dec., 2016 | 13th(Fri.) | March, 2016 | 10th(Tues.) | March, 2015 | 18th(Tues.) | March, 2014 |
| November | 10th(Fri.) | July, 2017 | 24th(Fri.) | Jan., 2017 | 17th(Fri.) | April, 2016 | 7th(Tues.) | April, 2015 | 15th(Tues.) | April, 2014 |
| December | 1st(Fri.) | Aug., 2017 | 15th(Fri.) | Feb., 2017 | 8th(Fri.) | May, 2016 | 5th(Tues.) | May, 2015 | 13th(Tues.) | May, 2014 |
| January | 5th(Fri.) | Sept., 2017 | 19th(Fri.) | March, 2017 | 12th(Fri.) | June, 2016 | 9th(Tues.) | June, 2015 | 17th(Tues.) | June, 2014 |
| February | 2nd(Fri.) | Oct., 2017 | 16th(Fri.) | April, 2017 | 9th(Fri.) | July, 2016 | 6th(Tues.) | July, 2015 | 14th(Tues.) | July, 2014 |
| March | 2nd(Fri.) | Nov., 2017 | 16th(Fri.) | May, 2017 | 9th(Fri.) | Aug., 2016 | 6th(Tues.) | Aug., 2015 | 14th(Tues.) | Aug., 2014 |

* Public health nurse will visit your family, if your child does not take medical checkup for two months later from specified date

Notice for medical checkup

1. Please bring bath towel with you when you have checkups for 4 or 10 month-old
2. No food and drink are permitted in Hoken Center
3. As parking lot is not big enough to park all of your cars, please do not use car

5 Maternal and child healthcare

■ Schedule of somatometry and childcare consultation

| Month | April | May | June | July | August | September | October | November | December | January | February | March |
|-----------------------|------------------|------------------|-----------------|------------------|------------------|-----------------|------------------|------------------|-----------------|------------------|-----------------|-----------------|
| Somatometry | 7th (Friday) | 19th (Friday) | 2nd (Friday) | 7th (Friday) | 4th (Friday) | 1st (Friday) | 6th (Friday) | 10th (Friday) | 1st (Friday) | 5th (Friday) | 2nd (Friday) | 2nd (Friday) |
| Childcare consultaion | 14th (Friday) | 12th (Friday) | 9th (Friday) | 14th (Friday) | 18th (Friday) | 8th (Friday) | 13th (Friday) | 17th (Friday) | 8th (Friday) | 12th (Friday) | 9th (Friday) | 9th (Friday) |

| Somatometry | | | | Childcare consultation by appointment | | | |
|--------------------|---|--|--|---------------------------------------|--|--|--|
| Place | Hoken Center | | | Place | Hoken Center | | |
| Target ages | 0 to preschool children | | | Target ages | 0 to preschool children | | |
| Details | Physical measurement | | | Remarks | Physical measurement and personal interview | | |
| Remarks | Please come to Hoken center by 9:30~10:00 | | | Others | Please approve tha reservation time may be changed by certain reasons. | | |

■ Counseling for children (An appointment is required)

Speech therapist and clinical psychologist provide consulting services for guardians and their children who have problems on growth, development disorder or delay in speech individually. More details, please contact Hoken center.

■ Hello!—Akachan visit

Midwife or Public health nurse is visiting all of new born babies home for advising on childcare in Miyoshi-machi.

Target : Expectant mother, nursing mother and new born baby (less than four weeks)~3-month-old baby

Detail : Midwife or Public health nurse is visiting you home, providing information on childcare • consultation measuring weight of baby and/or advising on vaccination

*When your child was born, please contact us. We will call you to make an appointment for sending public health nurse to your home

■ On-site childcare consultation

On-site childcare consultation such as somatometry and childcare consultation is scheduled in your district.

Facilities in Kamitome, Kitanagai and Chikumazaw will be used.

More details such as dates, venue and so on will be appeared in 'KohoMiyoshi'

◎ As to other lectures on 'Maternal and child healthcare', please refer to 'Koho Miyoshi'.

6 Routine immunization program for infant and school age children

- Let getting vaccines for children as programmed not to be over target age
- Please contact Hoken center for vaccination schedule.

Place Medical institutions in Miyoshimachi • Fujimishi • Fujiminoshi

* Refer to Miyoshimachi homepage • vaccination notebook

| Name of vaccine | Target ages | Nos. of inoculation | Innoculation procedure |
|--|---|---------------------|--|
| Hib Vaccine | two months ~ less than 7 months old | 4 | Receive 3 inoculations at 27 days and more interval, and by eight weeks. Additional once after 7 to 13 months from third inoculation |
| | 7 months ~ less than one year-old | 3 | Receive two inoculations at 27 days and more interval and by eight weeks. Third inoculation at 7 to 13-month interval after second. |
| | one year ~ less than 5 years old | 1 | |
| Pneumococcal vaccine for children | two months ~less than 7 months old | 4 | Receive 3 inoculations at 27 days and more interval for less than one year old child. Additional inoculation at 60 days after third one for one year old to one year and 3 months child. |
| | 7 months ~less than one year-old | 3 | Receive 2 inoculations at 27 days and more interval. Additional inoculation at 60 days and more after second one for one year old child |
| | one year ~less than 2 years old | 2 | Receive 2 inoculations at 60 days and more interval. |
| | two years ~ less than 5 years old | 1 | |
| Hipatitis B | ~one year old | 3 | Receive 2 inoculationd at 27 days and more interval. Additional inoculation at 139 days and more interval from first inoculation |
| DPT-IPV mixed | | | Receive 3 inoculations at 3 ~ 8 weeks interval |
| Diphtheria, Pertussis, Tetanus and Poliomyelitis | three months ~ less than 7 years and 6 months old | 4 | Additional one: one~ two and half year later third inoculation |

| Name of vaccine | Target ages | Nos. of inoculation | Innoculation procedure |
|--------------------------------|---|---------------------|---|
| BCG | less than one year old | 1 | Standard inoculation schedule is applied to baby 5-months to 8 months-old |
| Meales Rubella mixed | one year~less than two years old | 1 | Those who have had one of meales and rubbella, they can receive inoculation for another one. |
| | one year before entering elementary school | 1 | |
| Chickenpox | one year~less than two years old | 2 | Take initial inoculation for one year to oneyear and 3-months child. Additional one after 6 months to one year later |
| Japanese encephalitis | 6 months old~less than 7 years old | 3 | First initial (3years old) receive inoculation twice at one ~4weeks interval |
| | 9 years~less than 13 years old | 1 | first additional (4 years old) nearly one year later |
| Diphtheria & Tetanus | | 1 | |
| Vaccination of cervical cancer | Six grader of elementary school ~ first grader of senior high school (female) | 3 | <ul style="list-style-type: none"> • Bivalent vaccine (cervarix) Take inoculation twice at interval of one month as standard, and third one at intervals of six months after first inoculation. • Quadrivalent vaccine (gardasil) Take inoculation twice at interval of two months, and third one at intervals of six months after first inoculation. |

■ Routine immunization program Exceptional measures

| Exceptional measures for advice to suspend inoculation during 2005 to 2009 | | | |
|--|------------------------------------|----------------------------------|--|
| Name of Vaccine | Target ages | Term of exceptional | Inoculation Procedure, Etc. |
| Japanese Encephalitis | April 2nd, 1995 to April 2nd, 2007 | until the target has come of age | Immunization Questionnaire for exceptional measures will be available at medical institution |

- How to count target age for vaccination: Child 'less than two-year-old' means child born on two days before two-year-old birthday. Children get on one year older before two days before vaccination. Advise you to vaccinate by one day before target age.
- If you do not keep either one of number of times, target age and vaccination interval, you will be charged.
- Aggressive inoculation of vaccine for cervical cancer is not recommended.

To those who want to get a vaccination in the medical institution outside of Miyoshimachi • Fujimishi • Fujimino, If you want to inoculate any vaccine at your favorable medical institution, please call it there. If you want to inoculate at any institution outside Saitama prefecture, you need to apply in advance. .Please contact Hoken center

7 ■ List of Medical Institutions (Miyoshi Medical Society)

| Medical institution | Adress | Tel.No. | Vaccination for baby & toddler · school age children | | | | | | | | | | | | For the aged | |
|--|-----------------|----------|--|------------------------|--------|------------------------|-----|-------------|-------------------|-------------------|--------------------------|--------------------------|----|------------------|--------------|---|
| | | | Hib | Pediatric pneumococcus | DPT-IV | Inactivated poliovirus | BCG | Chicken-pox | Measles Rubella 1 | Measles Rubella 2 | .Japanese Encephalitis 1 | .Japanese Encephalitis 2 | DT | Cervical vaccine | Pneumococcal | |
| Yasuda hospital | 402-5 Kamitome | 258-3251 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Saitama Central Hospital | 2177 Kamitome | 259-0161 | | | | | | | | | | | | | | ● |
| Otorhinolaryngology Hashimoto Hospital | 345-46 Fujikubo | 258-5258 | | | | | | | | | | | | | | |
| Ims Miyoshi general hospital | 974-3 Fujikubo | 258-2323 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Fuji medical clinic | 16-15 Fujikubo | 257-0601 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Yamada medical clinic | 3-11 Kitanagai | 259-4462 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Miyoshino Hospital | 890-6 Kitanagai | 259-3333 | | | | | | | | | | | | | | |
| Toyama cranial nerve surgery | 997-5 Kitanagai | 274-7666 | | | | | | | | | | | | | | |
| Kono hospital | 694-5 Kitanagai | 257-8187 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| Asano internal medicine clinic | 6-14 Miyoshidai | 274-6221 | | | | | | ● | ● | ● | ● | ● | ● | | | ● |
| Sujino ophthalmology | 11-9 Miyoshidai | 274-1655 | | | | | | | | | | | | | | |

■ List of Dentists (Miyoshi Dentists' association)

| | | |
|------------------------|-------------------|----------|
| Shimizu dentist | 849-21, Fujikubo | 258-7475 |
| Miyoshi dentist | 311-9, Fujikubo | 258-5200 |
| Yamada dentist | 381-1, Fujikubo | 259-3911 |
| Daishin dentist | 431-22, Fujikubo | 259-1138 |
| Habara dentist | 82, Fujikubo | 258-7615 |
| Unikus Miyoshi dentist | 855-403, Fujikubo | 274-5418 |
| Inoue dentist | 3-6, Kitanagai | 274-1977 |

Useful website on emergency

Pediatric emergency

<http://kodomo-qq.jp>

Advise you whether overtime

visiting hospital is required or not.

Target: one month~6-year old

Know ★VPD!

<http://www.know-vpd.jp/>

Information on vaccination

and its schedule

Target: infant ~school age

■ Holiday & Emergency Consultation Guide

| Address of Emergency medical institutions | | TEL No. | Open day | Consultation Hours |
|--|--|----------|--|---|
| Emergency clinic on holiday | 3-1-20, Kohayashimotomachi, Fujimino-shi | 264-9592 | Sunday, Holiday, Year-end & New Year days (Dec. 31st~Jan. 3rd) | 9:00~16:00 20:00~22:00 |
| No.2 Emergency clinic on holiday | 3351-2, Turuma, Fujimi-shi | 252-4050 | | 9:00~16:00 |
| Pediatric overtime emergency clinic | 3-1-20, Kohayashimotomachi, Fujimino-shi | 264-9592 | Monday~Saturday | 20:00~22:00 |
| Ims Fujimi general hospital (Pediatric secondary emergency clinic in Asaka public health center) | 1967-1, Tsuruma, Fujimi-shi | 251-3060 | Monday · Thursday | (weekday) 18:00~8:00 next morning (hokiday) 8:00~8:00 next morning |

■ Emergency guide on holiday

| | |
|---|--|
| Emergency medical care information guide | Emergency medical care information is available for 24 hours TEL.048-824-4199 * Except dental and psychiatrist |
| Saitama-ken Pediatric Emergency Tel. consultation | Consultation available for sudden illness or injured. Call: #8000 19:00~7:00 (next morning) on Mon.~ Sat., 9:00~7:00 (next morning) on Sunday, holidays, year-end and new year days |
| Saitama-ken Emergency Tel. consultation for Adult | Consultation is available on medical institutions for sudden illness or injured. Call : #1000 (Dial-in line, IP, PHS : 048-824-4199) Consultation hour : 18:30~22:30 |
| Mobile terminal site | Information on holiday clinic and life bus schedule is available. Please look the back cover of Bulletin Miyoshi. |